

[Read Our Article on 100 Seeds Names in English and Hindi](#)



1  Mustard Seed सरसों	2  Sesame Seed तिल	3  Sunflower Seed सूरजमुखी बीज	4  Pumpkin Seed कद्दू के बीज	5  Flax Seed अलसी	6  Chia Seed धिया बीज	7  Coriander Seed धनिया	8  Cumin Seed जीरा	9  Fennel Seed सौंफ
11  Watermelon Seed तरबूज के बीज	12  Poppy Seed खसखस	13  Basil Seed सब्जा	14  Dill Seed सुवा	15  Carom Seed अजवायन	16  Celery Seed अजमोद	17  Niger Seed रामतिल	18  Safflower Seed कुसुम के बीज	19  Castor Seed अरंडी
21  Soybean सोयाबीन	22  Peanut मुंगफली	23  Chickpea चना	24  Green Gram मुंग	25  Black Gram उड़द	26  Pigeon Pea तूर	27  Lentil मसूर	28  Red Kidney Bean राजमा	29  Horse Gram कुल्थी
31  Rice Grain चावल	32  Wheat Grain गेहूँ	33  Maize (Corn) मक्का	34  Barley Grain जौ	35  Oat Grain जई	36  Millet बाजरा	37  Sorghum ज्वार	38  Rye Grain राई (अनाज)	39  Quinoa किनोआ
41  Buckwheat	42  Teff	43  Chia (White)	44  Psyllium Seed	45  Moringa Seed	46  Lotus Seed	47  Jackfruit Seed	48  Coffee Bean	49  Cacao Bean

Seeds are an important part of plants. Some seeds are eaten as food, some are used as spices, while others are planted to grow new plants. 🌱

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#	Seed Name in English	Hindi Name	Emoji	Short Detail
1	Rice Seed	चावल का बीज	🌾	Seed of the rice plant; used to grow rice.
2	Wheat Seed	गेहूँ का बीज	🌾	Used to grow wheat, a major cereal crop.
3	Maize Seed	मक्का का बीज	🌽	Seed used to grow corn or maize.
4	Barley Seed	जौ का बीज	🌾	Cereal seed used in food and beverages.
5	Oat Seed	जई का बीज	🌾	Used to grow oats, commonly eaten as breakfast food.
6	Millet Seed	बाजरा का बीज	🌾	Small cereal seed used to grow millet crops.
7	Finger Millet Seed	रागी का बीज	🌱	Tiny seed used to grow ragi, a nutritious millet.

8	Sorghum Seed	ज्वार का बीज		Seed of the sorghum cereal crop.
9	Foxtail Millet Seed	कंगनी का बीज		Small grain seed from foxtail millet.
10	Little Millet Seed	कूटकी का बीज		Small nutritious millet seed.
11	Kodo Millet Seed	कोदो का बीज		Seed used to grow kodo millet.
12	Barnyard Millet Seed	सांवा का बीज		Small millet seed used as a food grain.
13	Chickpea Seed	चने का बीज		Seed of the chickpea plant; eaten as pulses.
14	Green Gram Seed	मूंग का बीज		Small green pulse seed rich in protein.
15	Black Gram Seed	उड़द का बीज		Black-skinned pulse used in Indian cooking.
16	Red Lentil Seed	मसूर का बीज		Small lens-shaped seed used as a pulse.
17	Pigeon Pea Seed	अरहर का बीज		Seed used to grow pigeon pea, a common Indian pulse.
18	Kidney Bean Seed	राजमा का बीज		Bean seed commonly used in curries.
19	Cowpea Seed	लोबिया का बीज		Bean seed used as food and fodder.

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20	Soybean Seed	सोयाबीन का बीज		Protein-rich seed used to grow soybean plants.
21	Peanut Seed	मूंगफली का बीज		Seed found inside peanut pods.
22	Sesame Seed	तिल का बीज		Tiny seed used for oil, sweets, and cooking.
23	Mustard Seed	सरसों का बीज		Small seed used to make mustard oil and spice food.
24	Flax Seed	अलसी का बीज		Nutty seed containing plant-based omega-3 fats.
25	Chia Seed	चिया का बीज		Tiny edible seed that absorbs water and forms a gel.

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26	Sunflower Seed	सूरजमुखी का बीज		Edible seed produced by sunflower plants.
27	Pumpkin Seed	कद्दू का बीज		Edible seed found inside pumpkins.
28	Watermelon Seed	तरबूज का बीज		Seed found inside watermelon fruit.
29	Muskmelon Seed	खरबूजे का बीज		Edible seed found inside muskmelon.
30	Cucumber Seed	खीरे का बीज		Seed used to grow cucumber plants.
31	Tomato Seed	टमाटर का बीज		Small seed found inside tomatoes.
32	Brinjal Seed	बैंगन का बीज		Tiny seed used to grow eggplant or brinjal.

- | | | | | |
|----|----------------|--------------------|---|--|
| 33 | Chilli Seed | मिर्च का बीज |  | Seed found inside chilli peppers. |
| 34 | Capsicum Seed | शिमला मिर्च का बीज |  | Seed used to grow bell peppers. |
| 35 | Okra Seed | भिंडी का बीज |  | Round seeds found inside okra pods. |
| 36 | Coriander Seed | धनिया का बीज |  | Dried fruit commonly used as a spice. |
| 37 | Cumin Seed | जीरा |  | Aromatic seed used widely in Indian cooking. |

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- | | | | | |
|----|-------------|------|---|--|
| 38 | Fennel Seed | सौंफ |  | Sweet-smelling seed used as a spice and mouth freshener. |
|----|-------------|------|---|--|

39	Fenugreek Seed	मेथी का बीज		Small bitter seed used in cooking and traditional foods.
40	Carom Seed	अजवाइन		Strongly aromatic seed used as a spice.
41	Nigella Seed	कलौंजी		Small black seed used in Indian breads and pickles.
42	Celery Seed	अजमोद के बीज		Aromatic seed used as a seasoning.
43	Dill Seed	सोया के बीज		Aromatic seed used as a spice.
44	Poppy Seed	खसखस		Tiny seeds used in sweets and cooking.
45	Cardamom Seed	इलायची के बीज		Small fragrant seeds inside cardamom pods.
46	Black Pepper Seed	काली मिर्च के बीज		Dried pepper fruits commonly used as a spice.
47	Clove Seed	लौंग के बीज		Cloves are dried flower buds, not true seeds.
48	Nutmeg Seed	जायफल		Aromatic seed inside the nutmeg fruit.
49	Star Anise Seed	चक्र फूल के बीज		Seeds occur inside the star-shaped fruit.
50	Tamarind Seed	इमली का बीज		Hard brown seed found inside tamarind pods.

51	Mango Seed	आम की गुठली		Large seed enclosed inside the mango stone.
52	Jackfruit Seed	कटहल का बीज		Large edible seed found inside jackfruit.
53	Papaya Seed	पपीते का बीज		Small black seeds found inside papaya fruit.
54	Guava Seed	अमरूद का बीज		Small hard seeds found throughout guava pulp.
55	Pomegranate Seed	अनार का बीज		Juicy edible seed covering found inside pomegranate.
56	Apple Seed	सेब का बीज		Small dark seeds found inside the apple core.
57	Pear Seed	नाशपाती का बीज		Small brown seeds found inside pears.
58	Orange Seed	संतरे का बीज		Seeds found inside some orange varieties.
59	Lemon Seed	नींबू का बीज		Small white or pale seeds found inside lemons.
60	Custard Apple Seed	सीताफल का बीज		Dark seeds found inside custard apple pulp.
61	Sapodilla Seed	चीकू का बीज		Hard black seeds found inside sapodilla fruit.
62	Lychee Seed	लीची का बीज		Large brown seed found inside lychee fruit.

63	Longan Seed	लॉंगन का बीज		Dark seed found inside longan fruit.
64	Date Seed	खजूर की गुठली		Hard seed found inside dates.
65	Coconut Seed	नारियल का बीज		Coconut contains the seed inside its fibrous structure.
66	Almond Seed	बादाम		Edible seed commonly called a nut.
67	Cashew Seed	काजू		Edible seed attached to the cashew fruit.
68	Pistachio Seed	पिस्ता		Edible seed enclosed in a hard shell.
69	Walnut Seed	अखरोट		Edible seed inside the hard walnut shell.
70	Hazelnut Seed	हेज़लनट		Edible seed of the hazel tree.
71	Brazil Nut Seed	ब्राज़ील नट		Large edible seed from the Brazil nut tree.
72	Lotus Seed	कमल का बीज		Edible seed found inside lotus seed pods.
73	Fox Nut	मखाना		Edible seed traditionally harvested from water plants.
74	Water Lily Seed	कुमुदिनी का बीज		Seed produced by water lily plants.

75	Basil Seed	सब्जा / तुलसी के बीज		Small black seeds that swell when soaked in water.
76	Holy Basil Seed	तुलसी का बीज		Seed used to grow holy basil plants.
77	Garden Cress Seed	हलीम के बीज		Tiny edible seeds used in traditional foods.
78	Hemp Seed	भांग के बीज		Nutritious seed of the hemp plant.
79	Quinoa Seed	क्विनोआ के बीज		Small edible seeds often used like grains.
80	Amaranth Seed	राजगीरा के बीज		Tiny seeds used as a grain-like food.
81	Buckwheat Seed	कुट्टू का बीज		Seed used to grow buckwheat.
82	Poppy Flower Seed	पोस्ता बीज		Small seeds produced by poppy plants.
83	Cotton Seed	कपास का बीज		Seed found inside cotton bolls.
84	Jute Seed	जूट का बीज		Small seed used to grow jute plants.
85	Tea Seed	चाय का बीज		Seed from the tea plant used for propagation.
86	Coffee Seed	काँफी का बीज		Seed inside the coffee fruit; commonly called a coffee bean.

87	Cocoa Seed	कोको का बीज		Seed inside cocoa pods used to make chocolate.
88	Vanilla Seed	वनीला के बीज		Tiny seeds found inside vanilla pods.
89	Safflower Seed	कुसुम के बीज		Seed used for oil and growing safflower plants.
90	Castor Seed	अरंडी का बीज		Seed of the castor plant; used industrially for castor oil.
91	Neem Seed	नीम का बीज		Seed from the neem tree, enclosed in its fruit.
92	Moringa Seed	सहजन का बीज		Winged seed found inside moringa pods.
93	Drumstick Tree Seed	सहजन का बीज		Seed used to grow the drumstick tree.
94	Tamarind Seed	इमली का बीज		Hard, glossy seed found inside tamarind pods.
95	Areca Nut Seed	सुपारी का बीज		Seed of the areca palm, commonly called areca nut.
96	Mahua Seed	महुआ का बीज		Seed from the mahua tree, used for oil extraction.
97	Jamun Seed	जामुन की गुठली		Hard seed found inside jamun fruit.
98	Grape Seed	अंगूर का बीज		Small seed found inside some grape varieties.

99	Strawberry Seed	स्ट्रॉबेरी के बीज		Tiny seeds visible on the outside of strawberries.
100	Dragon Fruit Seed	ड्रैगन फ्रूट के बीज		Tiny black seeds distributed throughout the fruit.

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What Are Seeds?

A seed is the part of a plant from which a new plant can grow. Seeds come in many shapes, sizes, colors, and textures. Some are tiny, like mustard seeds, while others are large, like mango seeds.

Seeds can be used for:

-  Growing new plants
-  Food and cooking
-  Making edible oils

-  Spices and seasonings
-  Snacks and nutrition
-  Growing agricultural crops
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Easy Memory Trick

Tiny seeds: Mustard, sesame, chia, poppy

Large seeds: Mango, avocado, jackfruit, coconut

Spice seeds: Cumin, coriander, fennel, fenugreek

Pulse seeds: Chickpea, green gram, black gram, lentil

Fruit seeds: Papaya, watermelon, guava, pomegranate

Quick Quiz

1. Which seed is commonly used to make mustard oil?

- A. Cumin
- B. Mustard
- C. Rice
- D. Chia

2. Which fruit has tiny black seeds throughout its pulp?

- A. Dragon fruit
- B. Mango
- C. Apple
- D. Coconut

3. What is “तिल” in English?

- A. Sesame

- B. Flax
- C. Mustard
- D. Poppy

4. Which seed is found inside a mango?

- A. Kernel
- B. Gland
- C. Mango seed
- D. Pollen

5. Which seed is commonly used as a spice and mouth freshener?

- A. Fennel
- B. Rice
- C. Wheat
- D. Cotton

Answers: 1-B, 2-A, 3-A, 4-C, 5-A.

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SEEDS NAME – ENGLISH & HINDI

Printable Worksheet

Name: _____

Class: _____

Date: _____



A. Match the Seeds

Match the English seed name with the correct Hindi name.

English

1. Rice
2. Wheat
3. Chickpea
4. Green Gram
5. Sesame
6. Mustard
7. Cumin
8. Fennel
9. Sunflower
10. Pumpkin

Hindi

- A. सूरजमुखी का बीज
- B. जीरा
- C. गेहूँ का बीज
- D. कद्दू का बीज
- E. चने का बीज
- F. सौंफ
- G. चावल का बीज
- H. तिल का बीज
- I. सरसों का बीज
- J. मूँग का बीज

Answers:

- 1 – _____
 - 2 – _____
 - 3 – _____
 - 4 – _____
 - 5 – _____
 - 6 – _____
 - 7 – _____
 - 8 – _____
 - 9 – _____
 - 10 – _____
-

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B. Fill in the Blanks

Fill in the blanks with the correct seed name.

1. _____ is used to make mustard oil.
Hint: सरसों
2. _____ is commonly used to make rice.
Hint: चावल
3. _____ is a small green pulse seed.
Hint: मूंग
4. _____ is commonly used as a spice and mouth freshener.
Hint: सौंफ
5. _____ seeds are found inside pumpkins.
Hint: कद्दू
6. _____ is a tiny seed commonly used in cooking and sweets.
Hint: तिल
7. _____ seeds are found inside mangoes.
Hint: आम
8. _____ seeds are small black seeds found inside papaya.
Hint: पपीता
9. _____ is a cereal crop used to make flour.
Hint: गेहूँ
10. _____ seeds are used to grow sunflower plants.
Hint: सूरजमुखी

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C. Multiple Choice Questions

1. What is “तिल” in English?

- A. Mustard
- B. Sesame
- C. Cumin
- D. Fennel

Answer: _____

2. Which seed is found inside a mango?

- A. Mango seed
- B. Rice seed
- C. Chia seed
- D. Mustard seed

Answer: _____

3. Which seed is commonly used as a spice?

- A. Cumin
- B. Cotton
- C. Rice
- D. Wheat

Answer: _____

4. Which seed is used to grow wheat?

- A. Wheat seed
- B. Pumpkin seed
- C. Papaya seed
- D. Chia seed

Answer: _____

5. Which fruit has many tiny black seeds throughout its pulp?

- A. Mango
- B. Dragon fruit
- C. Coconut
- D. Apple

Answer: _____

6. What is “जीरा” in English?

- A. Fennel
- B. Cumin
- C. Sesame
- D. Mustard

Answer: _____

7. Which seed comes from a sunflower?

- A. Sunflower seed
- B. Rice seed
- C. Jute seed
- D. Neem seed

Answer: _____

8. What is “मेथी” in English?

- A. Fenugreek
- B. Fennel
- C. Flax
- D. Mustard

Answer: _____

9. Which seed is found inside a coconut?

- A. Coconut seed
- B. Tomato seed
- C. Chilli seed
- D. Sesame seed

Answer: _____

10. Which seed is commonly eaten as a pulse?

- A. Chickpea
- B. Cotton
- C. Neem
- D. Coffee

Answer: _____

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D. True or False

Write **True** or **False**.

1. Rice grows from rice seeds.
Answer: _____
 2. Mustard seeds are used as a spice.
Answer: _____
 3. Mango has no seed.
Answer: _____
 4. Sesame seeds are called तिल in Hindi.
Answer: _____
 5. Cumin is commonly used in cooking.
Answer: _____
 6. Coconut has a seed inside it.
Answer: _____
 7. Papaya seeds are usually black.
Answer: _____
 8. Wheat is a fruit.
Answer: _____
 9. Chickpeas are seeds used as food.
Answer: _____
 10. Sunflower seeds can be eaten.
Answer: _____
-

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E. Match the Seed With Its Hindi Name

English	Hindi
1. Cumin	A. सरसों
2. Mustard	B. जीरा
3. Sesame	C. सौंफ
4. Fennel	D. तिल
5. Fenugreek	E. मेथी
6. Flax	F. अलसी
7. Chia	G. चिया
8. Poppy	H. खसखस
9. Coriander	I. धनिया
10. Carom	J. अजवाइन

Answers:

- 1 – _____
- 2 – _____
- 3 – _____
- 4 – _____
- 5 – _____
- 6 – _____
- 7 – _____
- 8 – _____
- 9 – _____
- 10 – _____

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F. Write the Hindi Name

Write the Hindi name for each seed.

1. Rice → _____
 2. Wheat → _____
 3. Mustard → _____
 4. Sesame → _____
 5. Cumin → _____
 6. Fennel → _____
 7. Chickpea → _____
 8. Green Gram → _____
 9. Sunflower → _____
 10. Pumpkin → _____
-

G. Write the English Name

Write the English name for each seed.

1. तिल → _____
2. सरसों → _____
3. जीरा → _____
4. सौंफ → _____
5. मेथी → _____
6. अलसी → _____
7. धनिया → _____
8. अजवाइन → _____
9. चिया → _____
10. खसखस → _____



H. Seed Drawing Activity

Draw and label **5 different seeds**.

1. Seed Name: _____

Draw here:

2. Seed Name: _____

Draw here:

3. Seed Name: _____

Draw here:

4. Seed Name: _____

Draw here:

5. Seed Name: _____

Draw here:

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I. Think & Answer

1. Which seed do you use at home most often?

2. Name three seeds used as spices.

1.

2.

3.

3. Name three seeds that can be eaten.

1.

2.

3.

4. Name two large seeds.

1.

2.

5. Name two very small seeds.

1.

2.



Challenge Question

Can you name 10 seeds in English without looking at the list?

1. _____
 2. _____
 3. _____
 4. _____
 5. _____
 6. _____
 7. _____
 8. _____
 9. _____
 10. _____
-

ANSWER KEY

A. Match the Seeds

- 1 – G
- 2 – C
- 3 – E
- 4 – J
- 5 – H
- 6 – I
- 7 – B
- 8 – F
- 9 – A
- 10 – D

B. Fill in the Blanks

1. Mustard
2. Rice
3. Green Gram
4. Fennel
5. Pumpkin
6. Sesame
7. Mango
8. Papaya
9. Wheat
10. Sunflower

C. Multiple Choice

1. B
2. A
3. A
4. A
5. B
6. B
7. A
8. A
9. A
10. A

D. True or False

1. True
2. True
3. False
4. True
5. True
6. True
7. True
8. False
9. True
10. True

E. Match the Seed

- 1 – B
- 2 – A
- 3 – D
- 4 – C
- 5 – E
- 6 – F
- 7 – G
- 8 – H
- 9 – I
- 10 – J

 **Great Job!**

Seeds are small, but they can grow into something BIG! 🌳

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